



## National Fruit Scheme and Free Under 5's Milk

(EYFS, KS1 only)

Pearl Hyde School is part of the National School Fruit Scheme for 4 to 6 year olds. Under the scheme, each child in Reception, Year 1 and Year 2 will be entitled to receive a free piece of fruit each school day.

I am delighted that our school has been given the opportunity to participate in this exciting scheme, which reinforces our commitment to healthy eating. Your child will be offered a free piece of fruit each day.

The fruit will be fresh and of good quality, equivalent to the fruit that we buy in the shops. The aim is for the children to have a positive and enjoyable experience of fruit.

The scheme is voluntary, and there is no obligation for your child to take part. I hope that you will share my belief that the scheme has many benefits.

It is essential that you inform us of any allergies your child may have, so that we can ensure they are not given anything that will harm them.

Your child will also be entitled to free milk until their 5<sup>th</sup> birthday.

Please complete the slip below and return to the school office.

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### **NATIONAL FRUIT SCHEME AND FREE UNDER 5's MILK**

#### **Please complete as appropriate:**

I would like my child to receive a free piece of fruit every day

I do not wish my child to receive a free piece of fruit every day

My child is allergic to (fruit related) \_\_\_\_\_

I would like my child to receive free milk until their 5<sup>th</sup> Birthday

I do not wish my child to receive free milk

Name of child \_\_\_\_\_ Class \_\_\_\_\_

Signed \_\_\_\_\_ (Parent/Carer) Date \_\_\_\_\_