

# **School Meal Selection**

Dear Parents/ Carers

If you wish your child to receive school meals please complete and return the menu with your child's name, class, year and choices clearly indicated. Children in Reception, Years 1 and 2 are entitled to free school meals as part of the government's Universal Infant Free School Meal (UIFSM) scheme.

To pre-order your son/daughter's meals you need to take this opportunity to sit down with your child and discuss what they would like to eat from the attached Menu. Please indicate their choice by ticking either meal choice 1, 2 or 3 for each day on Week One, Week Two and Week Three of the menu.

Your child must have school meals on the same day each week. For example, school meals taken on Mondays, Wednesdays and Fridays, packed lunch Tuesdays and Thursdays. They cannot for example have a school meal on a Monday in weeks 1 and 3 and not week 2.

Please can you inform us if your child wants to make changes to the menu or stop having school meals in advance. We need at least one week's notice to make changes as the kitchen has to order food the week before.

Please make sure you complete all 3 weeks on the option sheet.

Meals cost £2.30 each for children in Years 3, 4, 5 and 6. **Meals MUST be paid for the week the meals are taken or you can pay for meals in advance. Preferred method of payment is using the online system SIMS Pay but you can still pay by cash or cheque. Cheques made payable to Finham Park Multi Academy Trust.**

If you wish your child to have school meals, please circle your child's meal choice for each day on all three weeks

NOTE: Blue and Green Options are vegetarian. Red is the meat option.

NAME:	CLASS:	YEAR:
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Menu week one

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
Beef Bolognese with Spaghetti	Stir Fried Quorn & Noodles (V)	Chicken Wrap with Shredded Salad	Chicken Hotdog in a Torpedo Roll	Fish of the Day
Cheesy Sausage Roll (V)	Veggie Pizza (V)	Quorn Pasta Bake with Crusty Bread (V)	Macaroni Cheese (V)	Quorn Pasta Bolognese

Menu week two

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
Cheese & Potato Pie (V)	Minced Beef Lasagne with Crusty Bread	Roast Chicken with Sage & Onion Stuffing	Chicken Meatballs with Pasta	Fish Fingers
Veggie Pizza (V)	Quorn Sausage Toad in the Hole with Mash	Quorn Pasta Bake (V)	Cheese Whirl	Quorn Korma

Menu week three

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
Chicken Korma	Traditional minced Beef Cottage Pie	BBQ Chicken Breast	Grilled Chicken Sausage, Scrambled Egg, Diced Potatoes, Baked Beans, Bread & Butter	Fish of the Day
Veggie Pizza (V) with wedges	Quorn Sausages in a Rich Gravy	Roasted Vegetable Lasagne with Crusty Bread	Vegetarian Pasta Bake	Spring Roll served with chickpea curry sauce

Your child's meal will include a drink and a dessert